

Top 5 Harnesses for Your ESA Cat

Every day we see individuals with their pets roaming around in the parks, beaches, and other public places; but is it safe to roam around with your cat or dog without taking proper safety measures? You cannot possibly keep your pet within the housing premises at all times because that is not healthy either. You need to take your pet out for a walk but only after taking safety precautions. You can never be too sure of your pet's behavior in public because they can easily go wild and act out when they see unfamiliar faces or places. This stands true for an ESA pet as well.

In this post, I will provide you with accurate and valuable information about the top five harnesses that you may purchase for your ESA cat. When introducing your little kitten to the world, you must use a harness or a leash to ensure its safety. So, don't be lazy in your search for and purchase of the best harness.

The list of harnesses that I have come up with is designed after consulting veterans and experts from the adventure cat community. The list is narrowed down to five categories of harnesses that can serve you best and ensure the safety of your ESA cat while going on outdoor adventures.

Top Five Harnesses

A harness comes in various shapes, forms, and materials. Generally, it is made up of a set of straps and fittings that can easily be adjusted according to the structure of your cat. Depending on the type of outdoor adventure you're going on, you choose the harness for your cat. Below are the details of each category of the harness. However, I would like to clarify that these harnesses are designed especially for cats. If you have an **ESA dog** or any other pet, this guide may not be of much help to you. All of these harnesses are cat-specific.

1. Vest-style harness

This harness is made up of breathable material and has straps to adjust according to the neck and waist of your cat. If you're planning to buy this harness, you'll benefit in several ways. First, it is machine washable, and secondly, it comes with a leash. With this harness, you would not have to

spend any extra money on the leash or put extra effort into getting it cleaned. Besides, the material is extremely comfortable.

The biggest pro of this harness is that it is designed by keeping a cat's body in mind, which makes it easy to control the cat during an outdoor adventure. Many other harnesses that we usually find in the stores are loosely fitted or designed for other types of pets as well. The only drawback of this harness is that it comes in just three sizes.

2. Jacket Style Harness

This type of harness is increasingly popular among cat owners whose cats love to wiggle their way out of the leash and go wild in public places. If your cat is also of this nature, then this harness is for you. It is also, hands-down, the best-loved among all veterans and experts of the kitty adventure community. It is suggested that you must keep an ESA with yourself along with a legalized [emotional support animal letter](#). Note that this letter should be received by an authentic source in order to avoid any ambiguity in this regard.

This harness closes at the neck and belly of a cat, leaving no room for escape. You may think that it could get suffocating for your pet in this harness but trust me that it comes in the most breathable and comfortable cotton material.

3. H- Harness

These are the harnesses that are shaped in the [esa letter online](#) "H". They are the most typical type of harness that you'll probably see on every pet out on a walk. These harnesses have the least amount of contact with your cat's skin because they are merely made up of straps in H shape.

Not only are they highly adjustable, but also suitable for both hot and cold weather. Besides, they're readily available in multiple enticing colors.

Nevertheless, I would not recommend this type of harness if you are going on a long outdoor adventure because they are easier to escape. Why would you want to risk the safety of your emotional support letter with this harness if you have acquired it through an [esa letter](#)? So, it is suggested that you pick vest or jacket-style harnesses for long adventures.

4. Martingale Cat Harness

This is a leash-style harness that comes with a ring around the chest area. If your cat tries to escape the harness, the ring gently tightens around the cat's chest area, making it impossible for it to escape. This type of leash comes in many innovative designs and colors and is also lightweight.

5. Escape-Proof Harness

As the name implies, this type of harness is for stubborn cats who always try to escape out of the control of their owner in public places. However, with this type of harness, you can easily tame the most stubborn cats. They also come in breathable and comfortable material that would not cut into your cat's skin.

Now that you know which type of harness is best suited for your cat, you can always take your cat out with you on outdoor adventures. Being able to travel with your cat is one of the reasons why you get an [esa letter for housing](#). If you are not even able to do that due to fear of losing control over your pet in public, it defeats the basic purpose of ESAs.

With this guide, you'll now be able to enjoy outdoor adventures with your cat without any worries.